

Fetal Alcohol Spectrum Disorder Resources

BOOKS

[The Best I Can Be: Living with Fetal Alcohol Syndrome – Effects](#), by Liz Kulp and Jodee Kulp. Better Endings, New Beginnings, 2000, www.betterendings.org.

[Damaged Angels: An Adoptive Mother's Struggle to Understand the Tragic Toll of Alcohol in Pregnancy](#), by Bonnie Buxton. Jackson, Tennessee: Carroll and Graf, 2005.

[Fantastic Antone Grows Up: Adolescents and Adults with Fetal Alcohol Syndrome](#), by Judith Kleinfeld. Fairbanks: University of Alaska Press, 2000.

[Fantastic Antone Succeeds: Experiences in Educating Children with Fetal Alcohol Syndrome](#), by Judith Kleinfeld. Fairbanks: University of Alaska Press, 1993.

[Fetal Alcohol Syndrome: A Guide for Families and Communities](#), by Ann Streissguth. Baltimore: Brookes Publishing Co., 1997.

[The Mystery of Risk: Drugs, Alcohol, Pregnancy and the Vulnerable Child](#), by Ira Chasnoff. Chicago: NTI Upstream, 2011.

[Trying Differently Rather Than Harder: Fetal Alcohol Spectrum Disorders](#), by Diane Malbin. Self-Published, 2nd Edition, 2002.

VIDEO

The Listening Heart. Directed by, Gabe Chasnoff. Chicago: NTI Upstream, <http://ntiupstream.corecommerce.com/Videos/The-Listening-Heart-p26.html>.

WEBSITES

Children's Research Triangle
www.childstudy.org

The Children's Research Triangle works extensively with children who are adopted or in the foster care system and who have experienced abuse, neglect, and prenatal alcohol and drug exposure. Prenatal or postnatal counseling is available for families considering a domestic or international adoption of a high risk child, especially children prenatally exposed to alcohol, cocaine, methamphetamines or other drugs.

The National Organization on Fetal Alcohol Syndrome

www.nofas.org

NOFAS is the leading voice and resource of the Fetal Alcohol Spectrum Disorders (FASD) community. This website provides articles and additional resources for those parenting or working with children with FASD. The “Living with FASD” section offers great strategies for helping children with FASD. The tips are organized according to the child's developmental stage.