Parenting Resources

BOOKS


SELF–HELP BOOKS


WEBSITES

Adoption & Attachment Therapy Partners LLC
www.adoptattachtherapy.com

This website is packed with over 100 articles written specifically for adoptive families. If you want some ways to manage lying, stealing, hoarding, chattering and more, visit the articles related to managing these unwelcome behaviors. If you need help balancing the needs of your typical children or your own needs in the midst of parenting a child with a history of trauma, there are articles devoted to caring for each member of the adoptive family. There are also articles on trauma and the impact of trauma — and many more topics as well! The website is packed with resources, and it is also the home of the video, Supporting Brothers and Sisters. The video features five families parenting a combination of typically-developing children and adopted children.

Love and Logic
www.loveandlogic.com

The Love and Logic Institute is dedicated to making parenting and teaching fun and rewarding, instead of stressful and chaotic. They provide practical tools and techniques that help adults achieve respectful, healthy relationships with their children. Love and Logic is a phenomenal parenting approach! Their products are available as books, DVDs and audio tapes. Love and Logic seminars are regularly offered across the country. Visit their website to locate a Love and Logic training near you.

KidsHealth
www.kidshealth.org

KidsHealth is the largest and most-visited site on the Web. Created by The Nemours Foundation's Center for Children's Health Media, KidsHealth provides families with accurate, up-to-date, and jargon-free health information. There are separate areas for kids, teens, and parents—each with its own design, age-appropriate content, and tone. There are literally thousands of in-depth features about medical illnesses, mental health issues, school issues, child development and more!