

Attachment Resources

BOOKS

[*Adopting the Hurt Child: Hope for Families with Special-Needs Kids: A Guide for Parents and Professionals*](#), by Gregory C. Keck and Regina M. Kupecky. Colorado Springs: NavPress, 2009.

[*Adoption Parenting: Creating a Toolbox, Building Connections*](#), by Jean MacLeod. Warren: EMK Press, 2006.

[*Attaching in Adoption: Practical Tools for Today's Parents*](#), by Deborah D. Gray. London: Jessica Kingsley Publishers, 2012.

[*Born for Love: Why Empathy is Essential and Endangered*](#), by Bruce D. Perry and Maia Szalavitz. New York: William Morrow Paperbacks, 2011.

[*In On It: What Adoptive Parents Would Like You To Know About Adoption. A Guide for Relatives and Friends*](#), by Elisabeth O'Toole. Fig Press LLC, 2010.

[*The Connected Child: Bring Hope and Healing to Your Adoptive Family*](#), by Karyn Purvis, David Cross and Wendy Sunshine. New York: McGraw-Hill, 2007.

[*The Developing Mind: How Relationships and the Brain Interact to Shape Who We Are*](#), by Daniel Siegel. New York: The Guilford Press, 2012.

[*Facilitating Developmental Attachment*](#), by Daniel Hughes. Dunmore, Pennsylvania: Jason Aronson/Inghram Book Company, 2000.

[*Love Me, Feed Me: The Adoptive Parent's Guide to Ending the Worry About Weight, Picky Eating, Power Struggles and More*](#), by Katja Rowell. Family Feeding Dynamics LLC, 2012.

[*Parenting Adopted Adolescents: Understanding and Appreciating their Journey*](#), by Gregory C. Keck. Colorado Springs: NavPress, 2009.

[*Parenting the Hurt Child: Helping Adoptive Families Heal and Grow*](#), by Gregory C. Keck and Regina M. Kupecky. Colorado Springs: NavPress, 2009.

[*Parenting Your Internationally Adopted Child: From Your First Hours Together to the Teen Years*](#), by Patty Cogen. Boston: Harvard Common Press, 2008.

[Theraplay: Helping Parents and Children Build Better Relationships through Attachment-Based Play](#), by Ann Jernberg and Phyllis Booth. San Francisco: Jossey-Bass, 2009.

[Theraplay: Innovations in Attachment-Enhancing Play Therapy](#), by Evangeline Munns. Lanham: Rowman and Littlefield, 2000.

[Three Little Words: A Memoir](#), by Ashley Rhodes-Courter. New York: Atheneum Books for Young Readers, 2009.

[Toddler Adoption: The Weaver's Craft](#), by Mary Hopkins-Best, London: Jessica Kingsley Publishers, 2012.

[Welcoming a New Brother or Sister Through Adoption: From Navigating New Relationships to Building Loving Families](#) by Arleta James. London: Jessica-Kingsley Publishers, 2013.

WEBSITES

Adoption & Attachment therapy Partners LLC

www.adoptattachtherapy.com

This website is packed with over 100 articles written specifically for adoptive families. If you want some ways to manage lying, stealing, hoarding, chattering and more, visit the articles related to managing these unwelcome behaviors. If you need help balancing the needs of your typical children or your own needs in the midst of parenting a child with a history of trauma, there are articles devoted to caring for each member of the adoptive family. There are also articles on trauma and the impact of trauma — and many more topics as well! The website is packed with resources, and it is also the home of the video, Supporting Brothers and Sisters. The video features five families parenting a combination of typically-developing children and adopted children.

Association for Treatment and Training in the Attachment of Children (ATTACH)

www.attach.org

ATTACH is an international coalition of professionals and families dedicated to helping those with attachment difficulties by sharing their knowledge, talents and resources. The ATTACH vision is to be an international leader in creating public awareness and education regarding attachment and the critical role it plays in human development. They provide a quarterly newsletter, an annual conference, membership directory and other benefits to members and the public. CDs of workshops from their annual conferences are available. The topics cover all aspects of the attachment between child and parent as well as various aspects of adoptive family life.

International Association of Infant Massage

www.iaim.ws

The International Association of Infant Massage aims to promote nurturing touch and communication through training, education and research so that globally parents, caregivers and children are loved, valued and respected throughout the world community. Visit the website to find a Certified Infant Massage Instructor in your area. Infant massage is a wonderful way to enhance attachment between infants, toddlers and their parents. The benefits include relaxation, helps baby feel loved, promotes better sleep, facilitates body awareness, boosts immune system, sensory stimulation, improves blood circulation, helps digestion, balances respiration and much more!

The Theraplay Institute®

www.theraplay.org

Theraplay is a structured play therapy for children and their parents. Its goal is to enhance attachment, self-esteem, trust in others and joyful engagement. Because of its focus on attachment and relationship development, Theraplay has been used successfully for many years with foster and adoptive families.