Books, Workbooks and Websites for Children and Adolescents

BOOKS ON ADOPTION


BOOKS and WORKBOOKS ON ATTACHMENT


BOOKS ON CULTURE AND RACE


BOOKS ON BECOMING A SIBLING/BEING A SIBLING


BOOKS AND WORKBOOKS ON COPING


WEBSITES ABOUT COPING

Coping Skills for Kids
www.copingskills4kids.net
Kids who are prepared for dealing with coping challenges in early adolescence are more confident of dealing with these upsetting experiences during their early teenage years. This site explains a brain based method of coping in an interesting and hands on manner!

Stress Management Tips
www.stressmanagementtips.com/kids.htm
The kids’ section of this comprehensive website about stress helps children—of all ages—learn to cope with stress via games and activities. Parents will find relief from stress for themselves as well!

Magination Press
www.maginationpress.com
If you didn't find the children's book you were looking for in the Chapter 5 Resources or you want to carry out a children's book group, visit Magination Press. Magination Press, acquired by the American Psychological Association, was created out of a desire to publish innovative books that would help children deal with the many challenges and problems they face as they grow up. Written for ages 4 through 18, these books deal with topics ranging from the everyday—starting school, shyness, normal fears, and a new baby in the house—to more serious problems, such as divorce, depression, serious injury or illness, autism, trauma, death, and much more. Most of the books are written by mental health professionals or those who work closely with them and with children. The books help children understand their feelings, provide information about the topic or situation, and offer extensive practical coping strategies. A comprehensive Note to Parents is usually included to help guide parents, therapists, social workers, and teachers in using the book.

BOOKS ON TRAUMA AND OTHER ISSUES


